

Ivicula Topics

Karen Whiting is available for media interviews. To schedule Karen, please contact Karen at authorkarenwhiting@gmail.com

Potential interview media topics:

- Practical Parenting Tips
- Bread in the Bible
- Supporting Military Families
- Raising girls
- Engaging boys in reading
- Teens and Communication
- Instilling faith in children



Guest Appearances Include the Following Television

The Harvest Show
Atlanta 57
HomeKeepers

The Peggy Denny Show Nite Line Babbie's House

Radio

- Advantage Radio, second chances
- American Family Radio, Today's Issues
- Ave Maria Radio
- Faith Radio Network, The Morning Show
- Getting Good at Life Radio, TX
- Heart To Heart, VA
- MRG Media, MD
- Reach FM, FL
- Rest Ministries
- TFC Network, Round the Country, GA
- The Parent's Plate, OH
- Viewpoint, VA
- Water Through the Word, OH
- KALS, The Morning Show, MT
- KAJN Radio, Cajun Talk, LO
- KAVX, TX
- KBJS, TX
- KCIS, WA
- KDOV, Pat Daly, OR
- KLFC, Good Morning Ozarks, MO
- KPDQ, The Georgenne Rice Show, OR
- KPOF Radio, The Morning Show, CO

- KRKS Radio, CO
- KRVR Radio, The Rive, OR
- KTIS, MN
- NEWD, FL
- WAFG, FL
- WAWZ, NJ
- WCKF, AL
- WDCX, NY
- WDLM, IL
- WHKW Radio, Living the Word, OH
- WKTO, Daily Moments, FL
- WLAB, IN
- WLJN, MI
- WMKH, SC
- WOSM, Looking Around, MS
- WPOS, Lightline, OH
- WSHO, The Drive, LO
- WYBF, PA
- WYSA Radio, Morning Mayhem, OH
- WTLN, Crosswalk, FL
- WWJB, WI
- WWJC, Making Sense, MN
- WANTA MAT

Speaking and Workshops

Karen Whiting is known for her encouragement, creative ideas, and humor she brings to audiences. She speaks from her experiences and also shares her well-researched stories. Her talks help women build stronger bonds family bonds, manage their lives easier, and connect to God. She has a heart to help build wholesome families.

Karen offers:

- Speaking
- Retreats
- Workshops
- Virtual events
- Book readings and signings



Speaking and Workshop Topics include:

- Raising Girls
- Building Family Traditions
- Keeping Christ in Christmas
- Developing Fruits of the Spirit
- Family Pooh-sonalities
- Getting Kids Involved in Nature
- Puppetry
- Tea, women, and the American Revolution
- Faith and Courage on the Home Front
- Soaring as a Writer
- Military Families & the Power of Prayer

Audiences include:

- Women's organizations
- Military
- Military wives
- Girls' groups
- Mother-daughter banquets
- Students
- Parent organizations

Content, message, and length are tailored to the audience and occasion. Typical keynote address is 45 minutes. Workshops are generally 60-90 minutes.

Contact: Karen Whiting events@karenwhiting.com

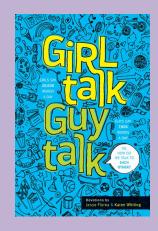


BOOKS BY Karen willing

Newest Releases



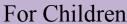














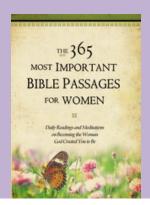


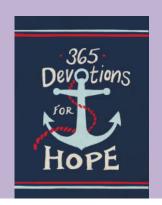






For Women and Parents/Military









Appearances and Articles



ONLINE

- Heritage of Truth
- The Parent's Plate
- Kyria
- Christiandevotions.us
- The Book Club Network
- MTL magazine
- Christian Authors Network
- Access My Library

PRINT

- Enrichment Journal
- Leading Hearts
- More to Life Magazine
- Clubhouse
- Home Life
- The Lookout
- Pockets
- Christian Retailing
- Molly Green
- Church Libraries
- Purpose Driven Connection
- On Course
- Upper Room
- Devo'zine
- Command
- Today's Christian Woman
- The Christian Communicator
- Discipleship Journal
- Secret Place
- Reminisce
- Christian Parenting Today
- Focus on the Family



Speaking Topics Overview

Karen Whiting Karen Whiting Heaniles

Bread in the Bible

Discover more about Jesus the Bread of Life and the three-fold purpose of bread in the Bible: sustenance, fellowship, and covenant relationship with God. Learn from examples including Adam sweating to grow grain and make bread, God's provision of manna, the Bread of Presence on the altar, miracles associated with bread, and Jesus at the Last Supper offering a new covenant with bread.

Bread Centerpieces

Karen demonstrates how to make lovely edible centerpieces from bred and shares tips on bread baking. She grew up in the restaurant business and has been a bread baker her whole life.

For Mothers and Parents

Raising Girls

Bringing up girls and instilling biblical values and positive character traits of the Fruit of the Spirit. Karen delights audiences with stories while weaving in practical tips and engaging activities that equips parents with needed tools.

Your Family at Pooh Corner

Sometimes we feel like aliens inhabit our home on planet earth. That's because we have different personalities or one might even say, "Poohsonalities." Each one has strengths and weaknesses. Each one is lovable and needs to feel understood and accepted. Karen uses humorous illustrations from the poohsonalities of her children to help identify the Tiggers, Eyeores, Rabbits, and Poohs in your family and how to bring out the best in each.

Fill Your Family's Hearts (60 minutes)

For people to thrive, they need their hearts to be filled with the right ingredients. The acrostic H-E-A-R-T-S shares what children need in order to feel treasured. Karen explains how each ingredient expresses a different aspect of love. She illustrates each point with a humorous or poignant real-life example.

Time Secrets of Success (60-120 minutes; Can also be presented as a two or three day retreat.) How can we meet everyone's needs, survive the hours of busyness, and feel fulfilled? Karen helps you focus on the important aspect of time that helps you connect, serve, and treasure others. You'll discover how to follow God's time pattern at creation, learn the secrets Martha overlooked, and discover how to say no or wait as Jesus did.

Stocking up with Christmas traditions (60 minutes) Keep Jesus "in the loop" amid the chaos of trimming the tree, shopping, and celebrating Christmas with your family. Karen helps you focus on the reason. You'll discover how to use what you have -- the stockings, advent wreath, and Christmas decorations -- to share Christ with loved ones.

Girl's Seminars

Partner with Author Karen Whiting to present a one-day seminar for young women

- 1. On inner and outer beauty. Karen performs, dressed as Esther, to share how to blossom inside with lasting beauty.
- 2. Or A day of crafting miniatures and discovering your significance
- 3. Nature seminars to explore the out-of-doors.

History and Military Talks

Tea, Women, and the American Revolution

Celebrate an afternoon teatime with a talk about the role women and tea played in the American Revolution. Discover how soldiers attributed saving the continental army to a woman and her teatime, the tea boycotts and American tea substitutes, and how a woman's herbs for tea helped mend wounded soldiers.

Speaking Topics Overview

The Power of Faith, Courage, and Prayer

Discover how prayer made a difference, how women at home faced struggles with courage and faith, and how prayer keeps military families connected. Learn from true stories, such s how one wife's prayer saved her husband in battle in Vietnam, while another wife, at the edge of life, came to the Lord and saved her marriage.

Christmas in American History

Through struggles and battles, families still remembered the birth of Christ. Follow their stories and the changing celebrations in America. Find out how John Quincy Adams celebrated the signing of peace at Christmas in Paris, how Dolley Madison was the First Lady who began sending Christmas cards, and how the United States secretly spent months preparing a surprise Christmas for American soldiers in World War 1.

For Aspiring Writers

Reaching Others with Your Words (Available as a 60-minute workshop or a writers' 2-day retreat) Do you have something to say but don't know how to reach others with your message? Karen, author of several books and hundreds of published articles, will share secrets to success with words.

Marketing Success

Getting published is just one step to success. The next is marketing the book. Connecting to readers where they live and through organizations to which they belong and other activities will promote the sales. Learn how to choose where to invest your time and dollars.

Additional workshops and talks available upon request



Endorsements and what people are saying

It has been a special privilege to interview Karen Whiting on my HOMEKEEPERS TELEVISION PROGRAM. She uses her God given gifts to guide young girls through some of their most vulnerable and difficult years. Her special talent to wed "fun" crafts with

life lessons can be used by moms, teachers and friends or anyone who would like to make a difference.

Arthelene Rippy, Producer & Host HOMEKEEPERS TELEVISION MINISTRY Clearwater, Florida

"Karen's *ministries flow generously to others.*" Chaplain Mark Jumper, Commander, Chaplain Corps, US Navy

"Karen is creative and weaves her creativity into all her presentations." Sue S Defarrai, Director of Ministry, Morning Star Renewal Center, and Miami, Florida.

No one knows tweens better than Karen Whiting who creates practical, yet inspirational encouragements for the young heart and life.

Pam Farrel, author of 10 Best Decisions a Parent Can Make, Got Teens? and Guys are Waffles, Girls are Spaghetti

Karen is the queen of creativity, the master at innovative ideas, and an expert in transforming an insight into a tangible and powerful marketing tool.

During a recent writer's conference, I attended her marketing sessions. As we sat in a circle, she took the focus of each book, gave each author ideas, examples and practical steps to market each book. They all evoked an "Ah!" from the participants. The skill Karen has to craft a powerful marketing tool from a mere concept is a gift few possess.

Janet Perez Eckles, international speaker and author of #1 bestselling, Simply Salsa: Dancing Without Fear at God's Fiesta.

About Karen

Karen Whiting, a freelance writer and author of twenty-five nonfiction books, loves to let creativity splash onto the page as she writes.

Whiting's books include the popular tween series *God's Girls* (inspirational craft books for tween girls), devotionals for women, plus parenting and family books. Her more than 700 articles and devotions have been published in over sixty-dozen magazines including Leading Hearts, MTL (More to Life), Focus on the Family, Today's Christian Women, Reminisce, Pockets, and Devo-Zine. She has been a writer of children's church programs for Charisma Life, parenting articles for Focus on Your Child, and family activities for Take Out: Family Faith on the Go.

Karen also directed an award winning tween and teen puppet ministry for more than a dozen years and hosted a TV series, *Puppets on Parade*, WLRN for Miami educational television. Karen is a speaker for women's groups, retreats, schools, and mother-daughter events.

She and her late husband Jim served with Officer's Christian Fellowship for four decades. She is a mother of five and grandmother of twelve. She grew a functional, wholesome family and believes others can too! She has a heart for encouraging families to connect. Serve, and treasure one another (a great basis for a great family).

Karen Whiting Heart For A Heart For

Contact

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