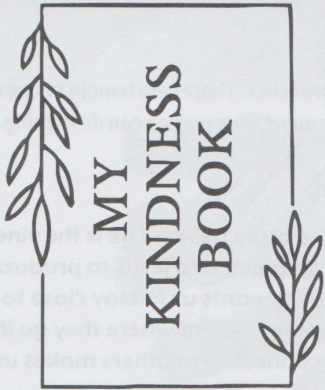


Kindness Book Pattern



NAME

DATE

ENCOURAGING WORDS
I CAN SAY TO SHOW
KINDNESS

KINDNESS ACTIONS
I'VE DONE

- LISTENED
- THANKED SOMEONE
- SMILED
- GAVE A COMPLIMENT
- HELPED SOMEONE IN NEED
- LET SOMEONE ELSE GO FIRST
- SHARED MY
- DID EXTRA CHORES TO HELP
- PICKED UP LITTER (SAFELY)
- HELPED WITH A PROJECT
- WROTE A NOTE OF THANKS
- PRaised SOMEONE
- MADE A SNACK TO SHARE
- WELCOMED A NEW PERSON
- CONGRATULATED SOMEONE
- MADE JOYFUL SIDEWALK ART
- PRAYED FOR SOMEONE

WAYS I PLAN TO BE
KIND

MY KINDNESS
PROJECT

WHO I WILL SHOW
KINDNESS TO THIS
WEEK

MY ACTION PLAN

WHAT HAPPENED

HOW I FELT WHEN
SOMEONE WAS KIND
TO ME

SOMETHING KIND I
DID

HOW I FELT

*Never let loyalty and
kindness leave you! Tie
them around your neck as
a reminder. Write them
deep within your heart.*

PROVERBS 3:3

